

ELEMENTARY DAILY OPTIONS



Jammer Slammer Meal

Includes:

- Uncrustable
- String Cheese
- Whole Grain Goldfish Crackers
- Fruits/Veggies
- Assorted Milk



YOGO Meal

Includes:

- Assorted Flavored Yogurt
- Granola
- String Cheese
- Whole Grain Goldfish Crackers
- Fruit/Veggie
- Assorted Milk



Chicken Patty Meal

Includes:

- Chicken Patty
- Whole Grain Bun
- Fruit/Veggie
- Assorted Milk



Breakfast

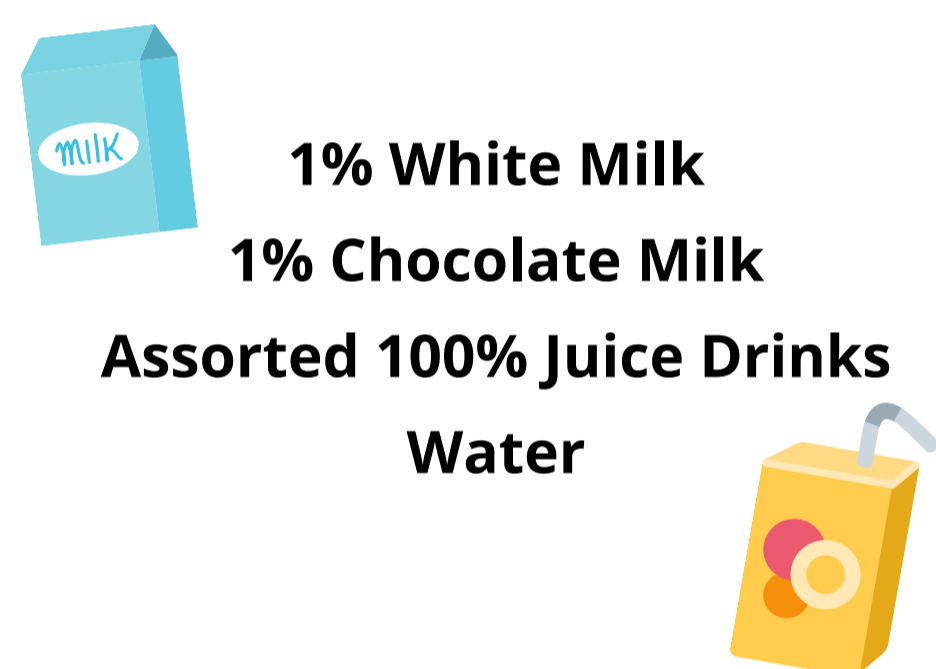
Breakfast Offered Daily

- Assorted Cereal- Cheerios, Cocoa Puffs, Lucky Charms, Etc.
- Assorted Muffins- Banana, Chocolate Chip, Blueberry
- Breakfast Bars
- Hard Boiled Egg
- Yogurt or Cheese Stick



Beverages

- 1% White Milk
- 1% Chocolate Milk
- Assorted 100% Juice Drinks
- Water



What Makes a Breakfast/Lunch?

5 Components are Offered for Breakfast & Lunch

Breakfast: 2 Fruits, Milk, 2 Grains (or 1 Grain & 1 Protein)

Lunch: Fruit, Veggie, Grain, Protein, Milk

Select 3-5 Components: For Lunch, One Component MUST Be a Fruit or Veggie

Please See Attachment or Interactive Website for Nutritionals- Allergens Listed

Additional Information

Please Utilize EZPAY to Make Online Meal Payments

- Breakfast Price: \$1.00
- Lunch Price: \$2.55

Cafeteria Managers:

- Bogan- Jean Jacquemin (513) 273-3425
- Kramer- Diane Fore (513) 273-3515
- Marshall- Pat Schroer (513) 273-3650

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